

Archipelago tour in Södermanland

We leave Norrköping at 08:00 and travel by bus to Trosa for a full day in Södermanland archipelago with a tour boat. About 16:30 we get off the boat in the Stendörren nature reserve and travel back to Norrköping by bus.

The archipelago in Sörmland consists of over 3,000 islands. Here you will find a unique biodiversity both on land and in the Baltic Sea brackish water. On some of the larger islands, islanders live on agriculture, tourism and entrepreneurship. Here, a traditional agricultural landscape is conducted with grazing, meadow care and pollarding, which means that high natural and cultural environment values can be preserved. The boat we take off departs from the small, idyllic harbor town of Trosa and ends at Stendörren. During the journey, we make stops at islands and look at measures implemented within Life Coast Benefit.

The guides will tell you about:

- Archipelago agriculture and restoration efforts
- Bird life in the archipelago
- Traditional flower rich hay-meadows

Archipelago tour in Östergötland

We leave Norrköping at 08:00 and travel by bus to Arkösund for a full day in Östergötlands archipelago with a tour boat named M / S Ellen by Harstena
[https://www.visitostergotland.se/en/start/277163/MS-Ellen -af-Harstena /](https://www.visitostergotland.se/en/start/277163/MS-Ellen-af-Harstena/).

About 16:30 we get off the boat in Tyrislöt and travel back to Norrköping by bus.

We will have a total experience of a lush and leafy archipelago landscape with agriculture and animal husbandry. We also move in harsher environments and experience the rich bird life, the breeding season is in full swing so we must not disturb and get too close! White tailed eagles usually show up and have a look at visitors in the archipelago!

We are going ashore on some of the islands where LIFE Coast Benefit has worked with restorations.

The guides will tell you about:

- Archipelago agriculture and restoration efforts
- Bird life in the archipelago
- Prescribed burning of forests

Amazing spring environments in deciduous forest and pastures, for species lovers and beauty seekers

We leave Norrköping at 08:00 and travel by bus to Stegeborg for a short boat transport to Eknön's nature reserve. At lunchtime we return to mainland for food and short bus transport to Herrborum's nature reserve. At 16:30 the bus goes back to Norrköping.

We will visit two absolute top objects in terms of tree environments in a spring time when both flora and bird singing are adorable. The two nature reserves have many old and large trees that hold extremely high natural values. In Östergötland it is usually oaks that dominate among valuable trees, so is here - the *Osmoderma eremita* appreciate the neighborhood! But there is also a very valuable insect fauna attached to other more common trees, like *Alnus sp* and *Betula sp*! The measures in the project have been adapted to ensure that all high values will fit in!

The guides will tell you about:

- Nature conservation efforts through machine logging, veteranisation of trees and grazing planning
- Pollarded trees and care for ancient trees, Vikki Bengtson (Pro Natura) specialist in tree care
- Insect values associated with trivial practice, Nicklas Jansson PhD (Östergötland County Administrative Board) insect expert